



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2014

Sporting Excellence in Karate

Regional Level

Holly Lyell

This is to certify that Holly Lyell has performed to a very high standard in Competition Sport Karate throughout 2014 winning the medals and titles listed below:-

Championship Success - 1 Silver 1 Bronze

Shindo Kai National Championships - 20th November, Barnsley

Silver - Pairs Kata

Bronze - Individual Kata

Congratulations on your sporting achievements throughout 2014. Well done Holly.

Sensei Wayne Clarke 3rd Dan

Head Coach - The Hull & East Riding Karate Academy



British
Karate
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.